



BC Amateur Baseball Association

#310 – 15225 104th Avenue, Surrey, BC V3R 6Y8

T:(604) 586-3310
F:(604) 586-3313
E:info1@baseball.bc.ca
I: www.baseball.bc.ca

Performance Enhancing Drugs Awareness & Prevention

1) This is a link to the Mayo Clinic's website and a page titled, '**Performance Enhancing Drugs and Young Athletes**'. The page identifies commonly used PEDs, their potential hazards, and ways in which parents can help prevent their use.

<https://www.mayoclinic.org/healthy-lifestyle/tween-and-teen-health/in-depth/performance-enhancing-drugs/art-20046620>

2) This is a link to Maryville University's website and a page titled, '**Understanding and Preventing Steroid Abuse in Sports**'. The page identifies the hazards of steroid use and is particularly detailed in providing information on how to recognize athletes who may be using steroids.

<https://online.maryville.edu/online-bachelors-degrees/sport-business-management/understanding-and-preventing-steroid-abuse-in-sports/>